

## I'm Zena,

I love *outdoor activities*, and always have Fun, especially with Friends.

I love *energetic activities*, and getting Muddy, Dirty or Wet as I know how to look after my *Personal Hygiene* afterwards.

I love to learn about the body; what it can do and how to take care of it.

I like to eat *Healthy Foods* so that I have lots of energy and will *Grow Fit and Strong*.

I represent the 'Physical' Spice

## Hi, I am Casper,

I am caring and always tell the Truth.
I like to develop my

Understanding, Appreciation, and Respect

for *my Faith and my Environment*,. I am Unique and, I *accept and enjoy* 

the *uniqueness* of others.

I like to explore the **gifts of creation**, natural or manmade and the gifts **humanity**.

I represent the 'Spiritual' Spice

Hello, my name is Fionn,

I always have a smile for you and give help when needed.

I like to develop my

Understanding, Appreciation, and Respect for Others and different Cultures.

I love to make new friends and be a positive member of *my family, my colony and my community*.



to do my best, believe in myself and achieve my Dreams.

If I see people disagreeing I try to understand and help. I am always Kind and Honest.

I represent the

'Character' Spice.



## Hello, My name is Moon,

I love to talk, sometimes about how I feel.

I enjoy feeling happy and learning about *the feelings of others*. I am often aware of *my emotions* and how *my actions* affect others.

I am learning how to *express* my

I am learning how to *express* my emotions *and accept* them *in different situations* I encounter.

I represent the 'Emotional'
Spice







I love solving puzzles and learning new skills. I enjoy *creative activities* when we have to think of a *solution to a problem*.

I like using my imagination and ideas to make our plans work.

I work with others and help as part of a team.

I represent the

'Intellectual' Spice.

