



# MOUNTAIN GB HAVOC

## SCOTLAND



### Activity Summary

Your Alpine career begins here. Literally!

This 4 full days and nights event is run once a year in the British Mountain ranges. All this building towards taking the Havoc to Europe! But never fear you don't have to be an experienced Mountain Havocker to take part on these events. A reasonable level of fitness is essential however.

- 3 Mountain Havoc events annually
- 2 based in Ireland alternating around the country & 1 based in Great Britain
- Mountain Havoc UK – 4 Days & 4 Nights

### Rationale

The aim of the Venture Scout Mountain Havoc is to get more Venture Scouts out on the hills, to develop skills and abilities in the area and gain appreciation for the Irish country side and further afield. All experiences are catered for (from beginners to experienced hill walkers. The activity is also a chance to meet with other Venture Scouts from different Venture Units and to get ideas about their own Venture Scout programme.

### Details

Event:	Great Britain Mountain Havoc
Venue:	Fort William, The Highlands, Scotland.
Date:	12 <sup>th</sup> April – 16 <sup>th</sup> April 2019 (Easter Holidays)
Time:	Check in Time: from 21:30
Accommodation:	Standing Camp – Toilet & Shower Facilities available
Fee:	€190 per person

### Registration

Register for the activity by completing the online application form available at [my.scouts.ie](http://my.scouts.ie). Registration is not finalised until a €60 deposit has been paid. Payment can be made through the online payments system on [my.scouts.ie](http://my.scouts.ie) or by cheque sent to Scouting Ireland, National Office, Larch Hill, Dublin 16. Registration is on a per person basis - **Please note places are LIMITED.**

Any Venture Scout can book into Mountain Havoc GB, booking in does not guarantee you a place. People who have completed a previous Mountain Havoc event or are due to participate on the upcoming event will be given priority up until **February 24<sup>th</sup>**. After this date places will be allocated on a first come first served basis.

Please enter your Tee shirt size in the 'Dietary requirements box: Sizes: XS/35", S/38", M/40", L/43", XL/45"

Closing date for bookings is March 6<sup>th</sup>. Please note that bookings may close before this date if the maximum number of places is filled prior to this date and it usually does!

The balance of €130 is payable on Thursday the 15<sup>th</sup> March 2019.



Scouters

A scouter team for this event has already been put together on the basis of participation on previous Mountain Havoc events. Any additional scouters that would like to attend this event are welcome. However as we are limited in our transport options, additional scouters may have to arrange their own transport - we will put additional scouters in contact with others wishing to do the same so they may travel together if necessary. Additional Scouters will be included in the accommodation and programme arrangements. The cost for additional scouters will reflect that they are making their own travel arrangements. Please fill out the following form to register your interest **(SCOUTERS ONLY)** <https://goo.gl/forms/WcehvLOBkftklH0w1>. If you have further questions please email [venturehavoc@gmail.com](mailto:venturehavoc@gmail.com)

The cost for the activity is €190 per person. A breakdown of what this fee includes is outlined below.

- Indoor accommodation (Scout Hall) on the eve prior to departure
- Camp Fees in Scotland
- Badge
- Ferry
- Event technical tee shirt
- Internal transport (by bus) for the weekend
- Administration

Price does not include food. Participants will have opportunity to buy food in local supermarket

**Activity Components**

There will be 2 day hikes that will take place over the course of the event summiting Ben Nevis, The Highest Mountain in the UK & Ireland and another munro. These routes vary in difficulty and a complete route description will be sent out to you upon booking. Please note that you should be reasonably fit to participate on this event. A provisional event itinerary is as follows:

- Friday 12<sup>th</sup> : Meet up Local Scout Hall in pm
- Saturday 13<sup>th</sup> : Travel to Fort William, Set up camp
- Sunday 14<sup>th</sup> : Summit Ben Nevis Mountain
- Monday 15<sup>th</sup> : Summit a Munro and Adventure Activity in Late afternoon.
- Tuesday 16<sup>th</sup> : Travel back to Ireland

**Equipment**

A complete list of equipment needed will be sent out to participants on booking. Basics include:

- Tent
- Cooking equipment
- Map & Compass
- Day Bag
- Hiking boots
- Raingear
- Day Bag
- Clothes (Suitable for the hills)
- First Aid Kit
- Food (Friday to Monday)

**Adventure Activity**

Learn to Ice Climb - The indoor ice climbing wall at the Ice Factor in Kinlochleven has 500 tonnes of real snow and ice to a height of 12m, with grades from beginner to expert making the indoor ice climbing experience a must. The adventure activity is to be confirmed.

***Environmental Impact & Leave no Trace***

Camping for the weekend is at a designated campsite with access to toilets, showers and waste disposal. Care will be taken when on the hills to minimise environmental impact by sticking to walking routes where possible. All participants throughout the activity should adhere to the principles of Leave No Trace.

***Link to Fiontar (Suas & Trasna)******Physical: Balanced diet***

SUAS: Understand the importance of a balanced diet for an active lifestyle

TRASNA: Develop a balanced diet for an active lifestyle and plan appropriate menus for Mountain Havoc

***Physical: Understand the impact your choices have on your life***

SUAS: Develop the skills and abilities to successfully participate in Mountain Havoc

TRASNA: Progress in the skills and abilities to successfully participate in Mountain Havoc, and commit to maintain these skills and abilities

***Character: The courage to reach for your goals***

SUAS: Participate in Mountain Havoc to develop your personal capabilities and to make progress in adventure skills

TRASNA: Plan an active programme around the Mountain Havoc activities to advance your personal capabilities and to further your progress in adventure skills

***Emotional: Confidence to deal with all that life can throw at you***

SUAS: Explore how you can cope with the challenges presented during physical activities on the hills

TRASNA: Try to improve your capabilities for dealing with challenges